

# Palmerston Combined Probus Club Inc.

Patron: The Honourable Lia Finocchiaro Deputy Opposition Leader & Member  
for Spillett

Club Number 9003978

Accreditation Number 2489

Founded 18<sup>th</sup> October 2012

Postal Address: PO Box 3460 PALMERSTON NT 0831

Sponser Club: The Rotary Club of Litchfield/Palmerston Rotary International District 9550

## *For Active Retirees*



Meet at Cazalys Palmerston Club  
on 3<sup>rd</sup> Thursday of each month  
at 10.00am for 10.30am  
(Unless otherwise advised)

*Visiting Probians, Members Guests and  
Prospective Members always welcome*

2019-2020 Probus South Pacific Limited Chairman  
2019-20 Palmerston Combined Probus Club President

David Simpson  
Jim Wright

## *Around the Water-tower*

*PROBUS is an association of active retirees who join together in clubs. Its basic purpose is to provide, for its members regular opportunities to keep their minds active, expand their interests and to enjoy the fellowship of new friends.*

<i>Emails:</i>	<i>President:</i>	<i>jimwright107@bigpond.com</i>
	<i>Secretary</i>	<i>marilyn1974@gmail.com</i>
	<i>Treasurer</i>	<i>ibondnt@gmail.com</i>

*Friendship. Fellowship and Fun*

**Volume 08 Issue 9 1<sup>st</sup> October 2019**



### **Presidents Potpurri**

Welcome to Pam Merington-Norman, our newest member, keeping us growing slowly, but steadily. A shout out to our 'sickies' Dot, Shirley and Margaret – get better/mend/recover quickly as we miss you at our gatherings.

September's speaker, Carol Maxwell from Audika was one of the more engaging and interesting speakers we have had for some time, giving us a clear understanding of the hearing process and why we may lose the capacity to hear some frequencies as we get a bit older, or are subjected to damage of some sort (*loud noise, infection, physical injury, etc*). The happy story was that most hearing loss can be "treated" or at least diminished. Look after your ears – you only have two!

What a great night at the FFF Revue on 12 September. For those who did not attend, you missed a wonderful, mostly hilarious night of Friendship Fellowship and Fun with Palmerston Probus' participating members doing our club proud! However, the Giant, Jack and his Mum have been asked to do a reprise at the January BBQ (*at Gwen Legget's home*), so there is your chance to see what some of us got up to.

Probus Golf is finally up and running at Palmerston Golf Course with seven Probian from three Probus Clubs (*Darwin, Charles Darwin and Palmerston*) playing here for the first time on Monday 23<sup>rd</sup> September. This was a 'test' to see if it was worthwhile and now, we will be playing there on the first Monday each month starting on 7<sup>th</sup> October (*unless it is a Public Holiday*). Results were Darwin/Charles Darwin winning over Darwin/Palmerston by nine strokes – ouch. We are mostly 'hackers' going out for a bit of fresh air, not to win the Australian Open or such, so, golfer or not, you are welcome to come along for a hit with us on the first Monday each month. We gather at 8.30am to 'register' for an 8.45am hit off - and golf carts *are* available to hire for those of us who have walking limitations. (*See me for more details.*)

I believe the return visit to Salt and Pepper for lunch on 26<sup>th</sup> September was enjoyable with 'good food, good wine and good friends' to share with. Sadly, I missed it, but I did get a report from Jenny.

The "Tea and Trivia" group are still performing well on the first Wednesday of the month, although we could do with a couple more to contribute to the 'knowledge bank'.

While not a Probus "Activity", the recent Open Gardens series could well have been with the number of Probian Jenny and I bumped into at the different gardens we visited. And what a variation between them - from formal gardens through to ~~almost~~ jungle – each with its own appeal.

See you for some friendship, fellowship and fun at our meeting on 17<sup>th</sup> October.

*Jim*



## *Senior Snippets*

- **NT Senior Recognition Scheme** – \$500 annual fee will be placed on debit card as of 1 July 2020. This will give Seniors more options on how it is utilised.
  - Two information sheets – Questions & Answers – Fact Sheet have been sent to Senior Organisations
  - I understand that COTA-NT are lobbying for even further changes to the NT Concession Scheme, asking for the \$1,200.00 electrical concession plus the \$800.00 water, which totals \$2,000.00 to also be put onto a debit card.
  -
- **False Teeth** – My doctor asked me to visit recommended specialist to check to see if the problem with my left eye closing was caused by my false teeth they are a full set some 64 years old. Appointment with Shanana Lewis ADDP DDT Superior Dentures 2/26 Mitchell St. First appointment \$54. My false teeth is not the problem but he said that they were oldest he had seen. He quoted a new set \$2,500 need 4/5 appointments. Well worth a visit.
- 
- **David Simpson** – Probus South Pacific Ltd (PSPL) Director representing SA & NT has been voted Deputy Chair PCPL. Douglas Geekie has completed his two year term as Chair PSPL he visited Darwin 4 times and provided assistance with a number of matters
- 
- **Probus celebrates International Day of Older Persons!** - On 14<sup>th</sup> December 1990, the United Nations General Assembly marked 1<sup>st</sup> October as the International Day of Older Persons. This day recognises the existence of seniors while exploring ways to improve their lifestyle and Probus is a perfect example of this celebration. Probus is a community that embraces Fun, Friendship and Fellowship in retirement of seniors. We encourage Clubs to celebrate this day within their local communities.
- 
- **MARCH AGM's are 6 months away!**- It is extremely important that Clubs have a succession plan in place and start planning early for their Annual General Meeting.
- **Portrait of a Senior Territorian Art Award** – Open for Entries. For more information go to <https://dtsc.nt.gov.au/poast>
- 
- **Scams** – be very careful, I was just reading about a Senior who got caught with an Inheritance Scam but there are many other scams. I have been contacted re: ATO, Telstra, So Called Bank Staff, etc. Be very careful
- 
- **CDU are looking for Senior** – Ageless Play is where older members of the community spend time at play with kindergarden aged children [cdu.edu.au](http://cdu.edu.au)
- 

### **Ken Cohalan OAM**

## NOTICES FOR OCTOBER



**Visit to Darwin Chocolate Factory**  
**Thursday 31<sup>st</sup> October 11am**  
**13/12 Willes road**  
**Berrimah**  
(Behind Kormilda College)  
Then  
**Lunch at Santa Fe**  
**12.15pm**

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**Trivia Night Cazalys**  
**Wed 3<sup>th</sup> October**  
**Dinner 6.30 Trivia 7.30**



**Movies**  
**Tuesday 8<sup>th</sup> October**  
**I will email Movie, Time, Place**



**Margaret Pinney 6/10**  
**John Leahy 12/10**  
**Gwen Leggett 31/10**

.....

**Meeting**  
**Thursday 17<sup>th</sup> October**  
**10.30am**  
**Special Guest Lia Finnochario**  
**for our**  
**7<sup>th</sup> Year Birthday Celebrations**

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**Tuesday Nov 5<sup>th</sup>**  
**Melbourne Cup Lunch**  
**Cazalys 11.30am**  
**\$35 pp Members**  
**\$45pp Non Members**  
**Must be paid by October Meeting**  
**BSB: 015 891**  
**Account No: 1877-92692**  
**Or directly to Iris at Meeting**



**Durack Retirement Village**  
**Cota Run**  
**Armchair Aerobics**  
**Community Hall**  
**Tuesdays 9am**  
**Gold Coin Donation**  
**All Welcome**



**Garden Club**  
**Wed 9<sup>th</sup> October**  
**10.30am**  
**Trailer Boat Club**  
**Bring a plant for a free raffle**

*Probus Meeting 19/9/19*



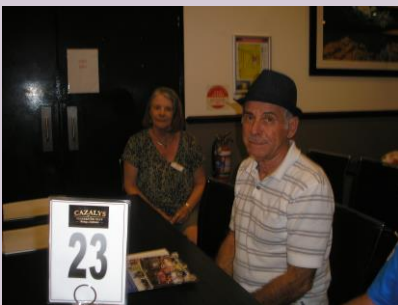
**President Jim Wright Welcomes Carol Maxwell**



**Guest Speaker Carol Maxwell From Audika Clinic Oasis S/C**



**President Jim thanks Carol for her excellent talk.**



**President Jim Wright Inducts Pam Merington-Norman into PCPC**



**Marilyn Roberts receives her Senior of Excellence Award**



**Lunch at Salt & Peppera Restaurant 26/9/19**





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## Darwin Probus Club Activities

*(which we are invited to join)*

Date	Time	Activity	Contacts		
2 <sup>nd</sup> Mon	08.30am	Golf	John Scott	0407 865 220	ian.scott7@bigpond.com
1 <sup>st</sup> Mon	11.00am	Book Club	Beverly Barnes	0434 866 226	bev007barnes@gmail.com
2 <sup>nd</sup> Wed	10.30am	Garden Club	Bev Aitken	0412 196 032	bev.aitken@bigpond.com
3 <sup>rd</sup> Wed	09.30am	10 Pin Bowling	Shirley Porte	08 8942 1330	tutank@westnet.com.au
3 <sup>rd</sup> Wed	06.30pm	Dining Out	Janet Elliott	0432 154 306	ejanet51@gmail.com
2 <sup>nd</sup> Wed	TBA	Tripe Club	Jenny Parish	0424 341 616	jenny_prsh@yahoo.com.au



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www.darwinpodiatry.com.au

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***I asked the waiter, 'Is this milk fresh?' He said, 'Lady, three hours ago it was grass.'***

-Phyllis Diller

***The reason the golf pro tells you to keep your head down is so you can't see him laughing.***

-Phyllis Diller

## Palmerston Combined Probus Club Inc

<b>President: Jim Wright</b> Mbl: 0419 090 852 Email: jimwright107@bigpond.com	<b>Secretary: Marilyn Roberts</b> Ph: 08 89 322916 Mbl: 0450 527 915 Email: marilyn1974@gmail.com
<b>Treasurer: Iris Bond</b> Mbl: 0419 801 930 Email: ibondnt@gmail.com.	<b>Welfare Officer: Dot Chapman</b> Ph:08 89327527 Mbl: 040947438 Email: Dot38@bigpond.com
<b>Attendance/Welcome: Julie Booth</b> Ph:08 89 322217 Email: beauttitude2216@gmail.com	<b>Guest Speaker/Tours: Ray Grimshaw</b> Mbl: 0412 806 714 Email: ray_nan_grimshaw@bigpond.com
<b>Dining Out: Chris Edwards</b> Mbl: 0421 325380 Email: rodnchris2@gmail.com	<b>Activities Co-Ordinator:</b> <b>Jim Wright</b> Mbl: 0419 090 852 Email: jimwright107@bigpond.com
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### Contacts for Darwin Probus Club Inc.

President	Peter Pusterla	Phone: 0408 947 890	Email: peter.pusterla1@bigpond.com
Secretary	Gwenda Smallacombe	Phone: 0458 676 940	Email: secretaryprobusdarwin@hotmail.com

### Contacts for Probus Club of Charles Darwin

President	Joyce Chin	Phone: 08 89819 752	Email:	probus.charles.darwin@gmail.com
Secretary	Judy Berry	Phone: 0408 842 116	Email:	probuscharles.darwin@gmail.com

### Contact for Probus Club of Marrara

President	Ken Cohalan	Phone: 0434 429937	Email:	Kcohalan1@bigpond.com
Secretary	Ray Anderson	Phone:	Email:	rayanderson@bigpond.com

## Palmerston Combined Probus Club Members Are welcome to join any of the following Darwin Probus Activities

Darwin Probus Club Activities <i>(which we are invited to join)</i>					
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2 <sup>nd</sup> Mon	08.30am	Golf	John Scott	0407 865 220	ian.scott7@bigpond.com
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## Tangelo Syrup Cake

(Any citrus rind and juice can be used, orange, lemon, lime)

### Cake

250 grams of butter

1 tablespoon of finely grated tangelo rind

1 cup of castor sugar

3 eggs

2 cups of S.R. flour

1 cup of buttermilk /skim milk

Grease and line a 20 cm cake pan. (I like a ring pan)

Cream butter, rind and sugar until light and fluffy. Beat in eggs one at a time.

Stir in half the flour and milk until combined. Stir in remaining flour and milk.

Spread mixture into prepared pan. Bake in a moderate oven about 50-60 mins.

Stand 5 mins before turning out onto serving platter. Pour hot syrup evenly over the cake (I decorate with shredded rind)

### Syrup

3/4 cup of tangelo juice

3/4 cup of sugar

Stir over heat until sugar dissolves, bring to the boil, remove from heat

Serve at room temperature with thick cream! ☺

Enjoy

Anne Evans

## October Blooms



### Privacy Statement

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act ( Privacy Act, Australia 1998 ). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

### Insurance

All financial members of the Palmerston Combined Probus Club

Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration

### DISCLAIMER

This Directory of Members is for the exclusive use of members of the Palmerston Combined Probus Club Inc. and should not be made available to Non-Members. The information contained in this publication

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