

Palmerston Combined Probus Club Inc.

Patron: The Honourable Lia Finocchiaro Deputy Opposition Leader & Member
for Spillett

Club Number 9003978

Accreditation Number 2489

Founded 18th October 2012

Postal Address: PO Box 3460 PALMERSTON NT 0831

For Active Retirees



Meet at Cazalys Palmerston Club
on 3rd Thursday of each month
at 10.00am for 10.30am
(Unless otherwise advised)

*Visiting Probians, Members Guests and
Prospective Members always welcome*

2019-2020 Probus South Pacific Limited Chairman
2019-20 Palmerston Combined Probus Club President

Douglas Geekie
Jim Wright

Around the Water-tower

*PROBUS is an association of active retirees who join together
in clubs. Its basic purpose is to provide, for its members regular
opportunities to keep their minds active, expand their interests
and to enjoy the fellowship of new friends.*

<i>Emails:</i>	<i>President:</i>	<i>jimwright107@bigpond.com</i>
	<i>Secretary</i>	<i>marilyn1974@gmail.com</i>
	<i>Treasurer</i>	<i>ibondnt@gmail.com</i>

Friendship, Fellowship and Fun

Volume 08 Issue 3 1st June 2019



President's Potpourri

As mentioned at the last Meeting, we now have an **Activities Committee**, rather than individuals looking after a particular activity in isolation. The Committee is comprised of: Chris Edwards, Gwen Leggett, Jenny Wright and yours truly, plus one or two more once they are confirmed. Jenny will chair the meetings initially.

While the Activities Committee is responsible for putting together our program (*other than our monthly meetings*), they are seeking and will welcome additional input and suggestions.

Thank you to those members who responded as you are setting the direction that our Club's activities will take for the next twelve months. I'm sure the Activities Committee will attack this list with gusto and get those that are readily achievable under way, while working on implementing the rest as time and effort allow!

No doubt there will be some discussion and a "report" on the 31st May Seniors Expo, held in the Recreation Centre, at the June meeting.

Our Friendship, Fellowship and Fun Games are quickly approaching (12th June). We need **all** of our members to be involved. I'm concerned that some members are reluctant to be involve as they feel they might not be able to participate due to mobility issues or physical prowess. I can assure everyone that even the most fragile of us should have little or no problem with any of the games. They are designed for everyone to have a bit of fun while enjoying the friendship and fellowship of Probus. (*Also, it would be nice to have the Trophy for 12 months again.*)

So, pass on ideas to the Activities Committee and trim the finger nails for the games for some Friendship, Fellowship and Fun in June.

BBFN

Jim

Senior Snippets

- **Government has fast-tracked five projects** totalling \$125.6 million to support the Territory's construction industry and create jobs. These projects include:
 - \$50 million for a new Mandorah marine facility
 - \$29 million for Stage 2 of Zuccoli Primary School
 - \$25 million for a new Palmerston fire station
 - \$17.5 million for upgrades to Litchfield National Park.
 - \$4.1 million for Kilgariff development stage 2.
- **Valuing senior Territorians** and helping concession holders On 1 July 2018, the Territory Government introduced the NT Concession Scheme and NT Seniors Recognition Scheme. Budget 2019 supports Territorians by putting downward pressure on the cost of living through \$31.64 million to continue to deliver both schemes. The NT Concession Scheme assists eligible Territorians with the cost of living. The NT Seniors Recognition Scheme recognises the valuable contribution of seniors and is for Territory residents who are 65 years or older and includes an annual payment of \$500 for travel, electricity or water.
- **MOTOR VEHICLE COMPENSATION ACT COTA-NT** received advice from the NT Government that they will amend the Motor Vehicle Compensation Act so that Territorians over the pension age will now be eligible for compensation. Advised been through Parliament Wednesday 15 May 2019
- **Darwin Nursing Home Beds**, home care packages can take up to a year before approved.
 - Terrace Gardens – 98 bed facility
 - Pearl Support Care – 85 bed facility for ATSI Clients
 - Juninga Centre – 26 bed facility for ATSI clients
 - Tiwi Gardens – 135 bed facility including a secure memory support unit (Regis)
- **Older We are the Longer we Live**
 - Women aged 60 on average will live to 86.78
 - Man aged 60 on average will live to 83.8
- **Today's Teenagers are increasing teetotalers**
 - 82% abstain from alcohol in 2016 up from 54% in 2004
 - Smoking aged between 12 and 17 first cigarette has gone from 14.2 years to 16.3 years
 - Smoking rates have halved to less than 2% over the past 3 years to 2016
 - Illicit Drug use has almost halved just 15% of teenagers aged 14-19 use drugs
- **Senior Beautiful Garden Competition 2019** – 3 categories Small, Large and Rural Gardens. Judging in June & July. Winners announced at award presentation at Senior Month Lunch Monday 26th August at the Italian Club Marrara. Get your nomination in to KAB ceo@kabcnt.org.au or Ph. 0407 186 461

Regards

Ken Cohalan OAM

NOTICES FOR JUNE



Dining Out
Thursday 27th June
6.30pm
Howard Springs Tavern
.....

Trivia Night Cazalys
Wed 5th June
Dinner 6.30 Trivia 7.30



Movies
Tuesday 11th June
I will email Movie, Time, Place



Ian Dawson 1/6
Ivy Pearse 16/6
Ivan Tester 17/6
June Roos 18/6
Rod Edwards 18/6
Dot Chapman 28/6



Guest Speaker
.....

June 20th Meeting

Karl Tester
North Australia Insurance Brokers

Probus

Fun, Friendship & Fellowship Games

12th June
10am – 12Noon
Tracy Village Club
Gold Coin Donation
Morning Tea Provided
Those who wish can stay for lunch



Garden Club
TBA

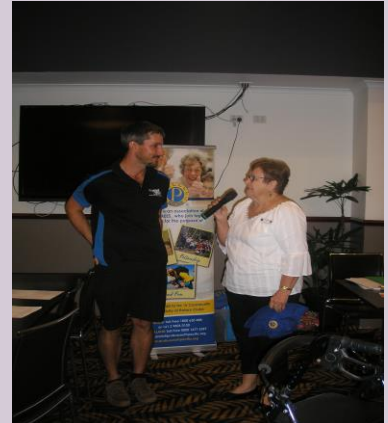
Palmerston Probus Meeting 16/5/19



President Jim Wright



**Guest Speaker Dan Richards
From Humpty Doo Barramundi
Farm**



**Christine Ilic Thanks Dan & presents
Probus Hats**



Bell Bar & Bistro Lunch 23/5/19

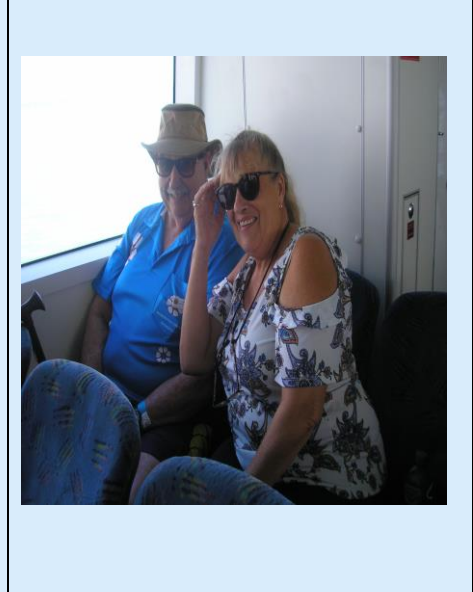
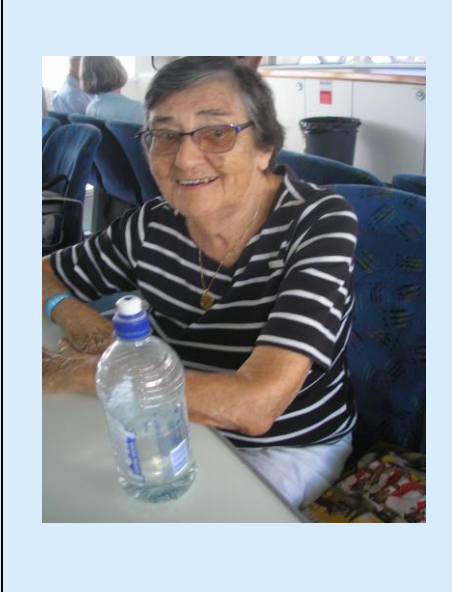
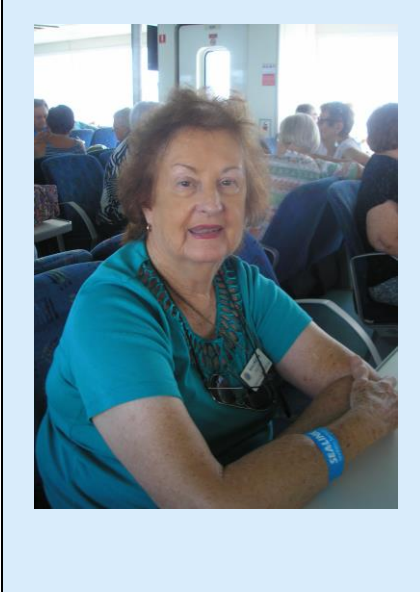
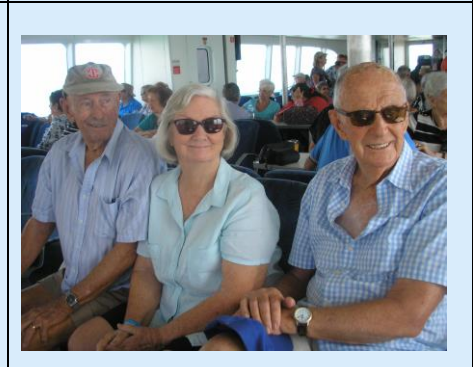
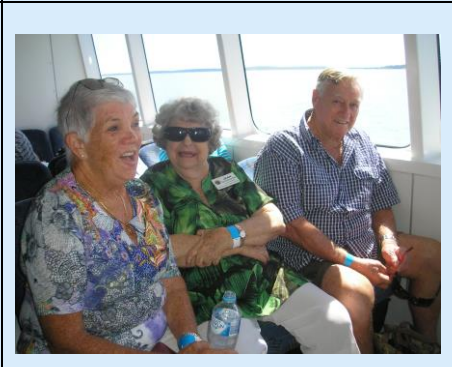
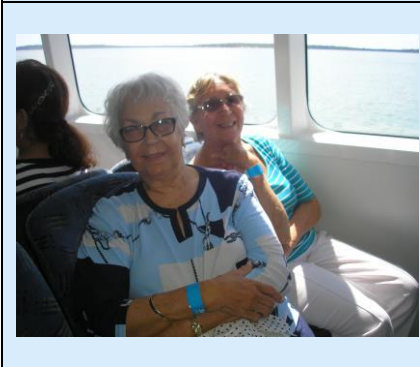
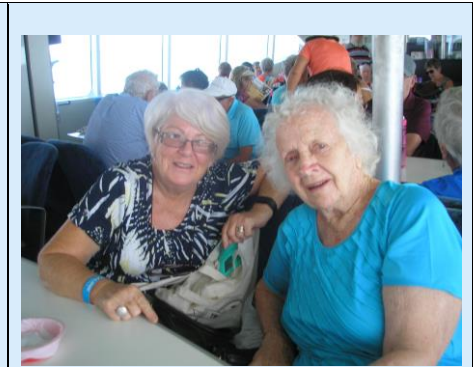


Seniors Expo 2019



Probus Crabclaw Cruise 25/5/19







Darwin Podiatry

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BSC(Pod)MAPODA(WA)
Principal Podiatrist

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With the "Activities Wish List" survey summarised, the results were as follows:

- | | | | |
|--|---------------|------|---------------|
| • Tours/Outings (<i>Half day to Full Day</i>) | - Selected by | 100% | of responders |
| • Dining Out | - Selected by | 83% | of responders |
| • Cinema | - Selected by | 39% | of responders |
| • Garden Club (<i>Darwin Probus</i>) | - Selected by | 30% | of responders |
| • FFF Games | - Selected by | 26% | of responders |
| • Golf (<i>Darwin & Charles Darwin Probus</i>) | - Selected by | 22% | of responders |
| • Lawn Bowls | - Selected by | 22% | of responders |
| • Book Club (<i>Darwin Probus</i>) | - Selected by | 22% | of responders |
| • BBQ/Pizza Nights at Dot's | - Selected by | 9% | of responders |
| • Trivia (<i>Cazalys</i>) | - Selected by | 9% | of responders |
| • Overseas Trips | - Selected by | 9% | of responders |

Jim

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Probus Information Table



Seniors Expo 25/5/19

Palmerston Combined Probus Club Inc

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Treasurer: Iris Bond Mbl: 0419 801 930 Email: ibondnt@gmail.com.	Welfare Officer: Dot Chapman Ph: 08 89327527 Mbl: 040947438 Email: Dot38@bigpond.com
Attendance/Welcome: Julie Booth Ph: 08 89 322217 Email: beauttitude2216@gmail.com	Guest Speaker/Tours: Ray Grimshaw Mbl: 0412 806 714 Email: ray_nan_grimshaw@bigpond.com
Dining Out: Chris Edwards Mbl: 0421 325380 Email: rodnchris2@gmail.com	Activities Co-Ordinator: Jim Wright Mbl: 0419 090 852 Email: jimwright107@bigpond.com
Newsletter Editor/Photographer: Christine Ilic Mbl: 0417 868 598 Email: cil10277@bigpond.net.au	Movies: Christine Ilic Mbl: 0417 868 598 Email: cil10277@bigpond.net.au

Contacts for Darwin Probus Club Inc.

President	Peter Pusterla	Phone: 0408 947 890	Email: peter.pusterla1@bigpond.com
Secretary	Gwenda Smallacombe	Phone: 0458 676 940	Email: secretaryprobusdarwin@hotmail.com

Contacts for Probus Club of Charles Darwin

President	Joyce Chin	Phone: 08 89819 752	Email:	probus.charles.darwin@gmail.com
Secretary	Judy Berry	Phone: 0408 842 116	Email:	probuscharles.darwin@gmail.com

Contact for Probus Club of Marrara

President	Ken Cohalan	Phone: 0434 429937	Email:	Kcohalan1@bigpond.com
Secretary	Ray Anderson	Phone:	Email:	rayanderson@bigpond.com

Palmerston Combined Probus Club Members Are welcome to join any of the following Darwin Probus Activities

Darwin Probus Club Activities (which we are invited to join)					
Date	Time	Activity	Contacts		
2 nd Mon	08.30am	Golf	John Scott	0407 865 220	ian.scott7@bigpond.com
2 nd Mon	11.00am	Book Club	Beverly Barnes	0434 866 226	bev007barnes@gmail.com
2 nd Wed	10.30am	Garden Club	Bev Aitken	0412 196 032	bev.aitken@bigpond.com
3 rd Wed	09.30am	10 Pin Bowling	Shirley Porte	08 8942 1330	tutank@westnet.com.au
3 rd Wed	06.30pm	Dining Out	Janet Elliott	0432 154 306	ejanet51@gmail.com
TBA	TBA	Tripe Club	Jenny Parish	0424 341 616	jenny_prsh@yahoo.com.au

Queens Birthday



June Blooms



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The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

Insurance

All financial members of the Palmerston Combined Probus Club Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration

DISCLAIMER

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